

# Inventory of community skills and resources



**Trustlines**  
NETWORK

This booklet is a comprehensive (but not exhaustive) inventory of valuable skills and resources you may find in your community. Use this to help recognize what you can offer each other and to inspire circular exchange.

There is an accompanying [Skills, Resources, and Needs Worksheet](#).

Inspired by *Building Communities from the Inside Out: A Path Toward Finding and Mobilizing a Community's Assets* (1993) by John P. Kretzmann and John L. McKnight. Thanks also to the [Kola Nut Collaborative](#) for disseminating related resources.



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# 1 Caring & Childcare

- 1 CPR
- 2 Caring for the Elderly
- 3 Caring for the Mentally Ill
- 4 Caring for the Sick
- 5 Caring for the Physically Disabled
- 6 Caring for the Developmentally Disabled
- 7 Caring for those with Substance Abuse Disorders
- 8 Harm Reduction Experience
- 9 Bathing
- 10 Feeding
- 11 Preparing Special Diets
- 12 Exercising and Escorting
- 13 Grooming
- 14 Dressing
- 15 Making the Person Feel at Ease
- 16 Providing Companionship (e.g., conversation, reading to others)

## Child Care

- 17 Caring for Babies (under 1 year)
- 18 Caring for Children (1 to 6)
- 19 Caring for Children (7 to 13)
- 20 Taking Children on Field Trips



## 2 Construction

- 1 Painting
- 2 Porch Construction or Repair
- 3 Tearing Down Buildings
- 4 Knocking Out Walls
- 5 Wallpapering
- 6 Furniture Repairs
- 7 Repairing Locks
- 8 Building Garages
- 9 Bathroom Modernization
- 10 Building Room Additions
- 11 Tile Work
- 12 Installing Drywall & Taping
- 13 Plumbing Repairs
- 14 Electrical Repairs
- 15 Bricklaying & Masonry
- 16 Cabinetmaking
- 17 Kitchen Modernization
- 18 Furniture Making
- 19 Installing Insulation
- 20 Plastering
- 21 Soldering & Welding
- 22 Concrete Work (sidewalks)
- 23 Installing Floor Coverings
- 24 Repairing Chimneys
- 25 Heating/Cooling System Installation
- 26 Putting on Siding
- 27 Tuckpointing
- 28 Sweeping Chimneys
- 29 Installing Windows
- 30 Building Swimming Pools
- 31 Carpentry Skills
- 32 Roofing Repair or Installation
- 33 Other



## 3 Wellness & Beauty

### Wellness

- 1 Peer Counseling
- 2 Religious or Spiritual Guide
- 3 Community Organizing
- 4 Massage and Touch Therapy
- 5 Yoga
- 6 Meditation
- 7 Swim or Water Activities
- 8 Exercise
- 9 Nature guide
- 10 Other

### Beauty

- 11 Hair Styling
- 12 Cutting Hair
- 13 Dying Hair
- 14 Makeup
- 15 Skincare
- 16 Manicure
- 17 Pedicure
- 18 Hair Removal
- 19 Piercings, body art, or tattoos
- 20 Other



## 4 Electronics & Machinery

### Electronics

- 1 Internet and Wi-Fi Setup & Troubleshooting
- 2 Mesh Network Experience (provide free internet in a community)
- 3 Computer Setup & Troubleshooting
- 4 Smartphone Setup & Troubleshooting
- 5 Repairing Radios, TVs, VCRs, Tape Recorders
- 6 Repairing Other Small Appliances
- 7 Installing/Repairing a Solar Electric System
- 8 Other

### Machinery

- 9 Repairing Automobiles
- 10 Repairing Trucks/Buses
- 11 Repairing Auto/Truck/Bus Bodies
- 12 Repairing Bicycles
- 13 Repairing Large Household Equipment (e.g., refrigerator)
- 14 Repairing Heating & Air Conditioning System
- 15 Fixing Washers/Dryers
- 16 Repairing Elevators
- 17 Operating a Crane
- 18 Operating a Dump Truck
- 19 Using a Forklift
- 20 Assembling Items
- 21 Other



## 5 Maintenance & Cleaning

- 1 General Household Cleaning
- 2 Mowing Lawns
- 3 Window Washing
- 4 Floor Waxing or Mopping
- 5 Washing and Cleaning Carpets/Rugs
- 6 Routing Clogged Drains
- 7 Caulking
- 8 Fixing Leaky Faucets
- 9 Cleaning/Maintaining Swimming Pools
- 10 Floor Sanding or Stripping
- 11 Wood Stripping/Refinishing
- 12 Other





## 6 Transportation

- 1 Driving a Vehicle
- 2 Delivering goods with a vehicle
- 3 Driving a Car
- 4 Driving a Van
- 5 Driving a Bus
- 6 Driving a Taxi
- 7 Driving a Tractor Trailer
- 8 Driving a Commercial Truck
- 9 Hauling
- 10 Driving an Ambulance
- 11 Long distance driving
- 12 Riding a Bicycle
- 13 Transporting Goods by Bicycle
- 14 Riding a Motorcycle
- 15 Transporting Goods by Motorcycle
- 16 Water Transport/Sailing
- 17 Other



## 7 IT & Office Management

- 1 Web design
- 2 Webmaster
- 3 Web Development
- 4 Software Development
- 5 Video conferencing expertise
- 6 Digital event organizing
- 7 Typing
- 8 Accounting/Bookkeeping
- 9 Filing Alphabetically/Numerically
- 10 Taking Phone Messages
- 11 Writing Business Letters/Emails
- 12 Receiving Phone Orders
- 13 Keeping Track of Supplies/Inventory
- 14 Entering Information into Computer
- 15 Microsoft Office
- 16 Scheduling group meetings
- 17 Writing Reports
- 18 Filling out Forms
- 19 Planning Work for Other People
- 20 Directing the Work of Other People
- 21 Making a Budget
- 22 Keeping Records of All Your Activities
- 23 Interviewing People
- 24 Other



## 8 Business & Communications

### Business

- 1 Entrepreneurial experience
- 2 Research/Analytics
- 3 Customer Relationship Management
- 4 Business Development
- 5 Fundraising and Grant Writing
- 6 Operating a Cash Register
- 7 Operating a Point of Sale (POS) System
- 8 Selling Products Wholesale or for Manufacturer
- 9 Selling Products Retail
- 10 Selling Services
- 11 Selling Door to Door
- 12 Selling by Phone
- 13 Selling by Mail
- 14 Selling in a Store
- 15 Selling from Home
- 16 Other

### Communications

- 17 Copywriting
- 18 Social Media Management
- 19 SEO (Search Engine Optimization)
- 20 Storytelling
- 21 Public Relations or Crisis Management
- 22 Marketing Communications (e.g. blog posts, websites)
- 23 Other



## 9 Security

- 1 Dispute resolution expert
- 2 Violence interruption and de-escalation skills
- 3 Non-violent communication
- 4 Domestic abuse and sexual harassment support or education
- 5 Anti-racism and discrimination education
- 6 Neighborhood watch
- 7 Bouncer
- 8 Self-Defense
- 9 Combat or Martial Arts training
- 10 Bodyguard
- 11 Video surveillance monitoring
- 12 Hotline maintenance or emergency call professional
- 13 Crisis center management
- 14 Guarding Residential Property
- 15 Guarding Commercial Property
- 16 Armed Guard
- 17 Unarmed guard or escort
- 18 Crowd Control
- 19 Ushering at Major Events
- 20 Installing Alarms or Security Systems
- 21 Repairing Alarms or Security Systems
- 22 Firefighting or fire safety
- 23 Traffic guard
- 24 Street protest organizing and safety
- 25 Legal observer
- 26 Street medic
- 27 Other



## 10 Crafts & Clothing

- 1 Textile arts
- 2 Felting
- 3 Spinning
- 4 Weaving
- 5 Knitting/Crochet/Macrame
- 6 Fabric dyeing
- 7 Textile printing
- 8 Embroidery/Needlepoint
- 9 Quilting
- 10 Darning
- 11 Tailoring or sewing
- 12 Silkscreening
- 13 T-shirt art
- 14 Basket weaving
- 15 Leatherwork
- 16 Upholstering
- 17 Banner-making
- 18 Dressmaking
- 19 Millinery (hat making)
- 20 Shoe making (cordwaining)
- 21 Bone carving (buffalo, camel, etc., as well as horn)
- 22 Ceramics and pottery
- 23 Doll making or Dollhouse construction
- 24 Glassblowing
- 25 Bead work
- 26 Jewelry design
- 27 Metalwork
- 28 Mosaics
- 29 Puppet making
- 30 Scale modeling
- 31 Stained glass
- 32 Toy making
- 33 Wood carving
- 34 Calligraphy
- 35 Bookbinding
- 36 Origami or paper folding
- 37 Papier-mâché
- 38 Scrapbooking
- 39 Pressed flower craft
- 40 Soapmaking
- 41 Balloon animals
- 42 Cake decorating
- 43 Candlemaking
- 44 Other



## 11 Food & Catering

- 1 Meal planning
- 2 Food rescue and distribution
- 3 Food safety
- 4 Food delivery
- 5 Grocery shopping
- 6 Cooking for a household
- 7 Baking
- 8 Fermentation
- 9 Cheesemaking
- 10 Foraging
- 11 Fishing
- 12 Meat Cutting or Preparation
- 13 Waitering/Waitressing
- 14 Bartending
- 15 Brewing
- 16 Distillation
- 17 Grilling, campfire setup, or oven-building
- 18 Cooking for special diets
  - 18.1 Vegan
  - 18.2 Vegetarian
  - 18.3 Gluten free
  - 18.4 Nut free
  - 18.5 Sugar-free
  - 18.6 Whole grain
  - 18.7 Sustainable
  - 18.8 Insect-based protein
  - 18.9 High protein
  - 18.10 Freegan or Salvaged
  - 18.11 Other

### Catering

- 19 Serving Food to Large Numbers of People
- 20 Preparing Meals for Large Numbers of People
- 21 Clearing/Setting Tables for Large Numbers of People
- 22 Washing Dishes for Large Numbers of People
- 23 Operating Commercial Food Preparation Equipment
- 24 Other



## 12 Gardening & Farming

- 1 Planting & Caring for Gardens
- 2 Pruning Trees & Shrubbery
- 3 Flowers and decorative gardens
- 4 Indoor plants
- 5 Landscaping
- 6 Native plant restoration
- 7 Butterfly rehabilitation garden
- 8 Vegetable gardening
- 9 Herb gardening
- 10 Seasonal gardening
- 11 Urban agriculture
- 12 Backyard/rooftop gardening
- 13 Composting
- 14 Community garden facilitation
- 15 Aquaponics
- 16 Raising chickens
- 17 Beekeeping
- 18 Insect farming
- 19 Operating Farm Equipment
- 20 Other



## 13 Music & Entertainment

- 1 DJ
- 2 Singing
- 3 Solo instruments
- 4 Band or orchestra
- 5 Sound system setup
- 6 Lights, sound, and stage crew
- 7 Set Design
- 8 Circus
- 9 Comedy
- 10 Dance
- 11 Drama
- 12 Fireworks
- 13 Fashion shows
- 14 Improvisational theatre
- 15 Magic
- 16 Musical theatre
- 17 Opera
- 18 Performance art
- 19 Marching arts
- 20 Color guard or cheerleading
- 21 Indoor percussion ensemble
- 22 Professional wrestling/Sports entertainment
- 23 Puppet shows
- 24 Vaudeville
- 25 Ventriloquism
- 26 Other





## 14 Visual Arts

- 1 Drawing and Illustration
- 2 Painting
- 3 Graphic Design
- 4 Ceramics
- 5 Sculpture
- 6 Photography
- 7 Interior Design
- 8 Modeling
- 9 Makeup Artist
- 10 Film and Video Production
- 11 Operating a Drone
- 12 Other



## 15 Tools, Spaces, and Other Resources

- 1 Vehicles
- 2 Bicycles
- 3 Mechanical tools
- 4 Construction Equipment
- 5 Crafts Equipment (e.g., sewing machines, knitting needles, pottery kiln)
- 6 Art Materials
- 7 Performance Equipment
- 8 AV Equipment
- 9 Books (technical, academic, literature, etc.)
- 10 Unused Land (for gardening, farming, public space, etc.)
- 11 Seeds or Plants
- 12 Office Space
- 13 Living Space
- 14 Performance Space
- 15 Community Organizing Space
- 16 Workshop or Makerspace
- 17 Kitchen Space
- 18 Surplus food or groceries from a household
- 19 Surplus Restaurant Food
- 20 Overstock Merchandise
- 21 Secondhand Clothing
- 22 Used Furniture or Household Items
- 23 Other